

# **Healthy Vision 2010: Making Vision a Health Priority**

## **Examination and Prevention**

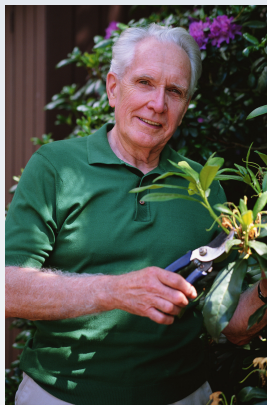


U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES  
National Institutes of Health  
National Eye Institute



**Healthy Vision 2010 is...**

**Vision is an essential part  
of everyday life.**





# **Healthy Vision 2010 includes...**

- Examination and prevention
- Eye disease
- Injury and safety
- Vision rehabilitation

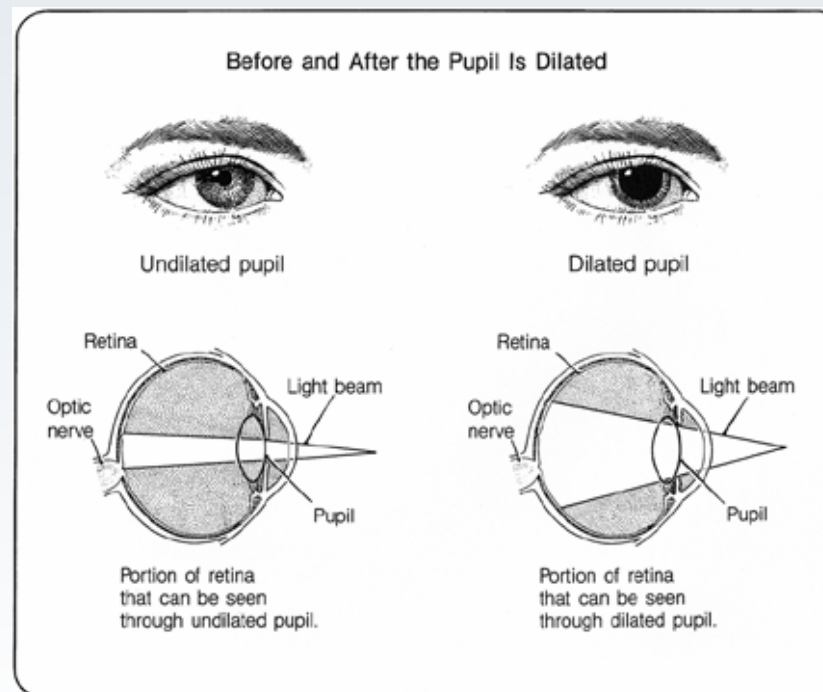


# Examination and prevention

- Dilated eye exams
- Vision screening for children (age 5 and under)
- Impairment due to refractive error
- Impairment in children and adolescents



**Increase the proportion of persons who have a dilated eye examination at appropriate intervals.**



**Increase the proportion of  
preschool children  
aged 5 years and under  
who receive vision screening.**





# **Vision screening for children**

Many vision problems begin before children reach school age. Left untreated, these problems can become more difficult to correct.

# **Reduce uncorrected visual impairment due to refractive errors.**






# **Refractive errors**

Approximately 60 percent of Americans have refractive errors or defects that could be corrected to give them sharper vision.

**Reduce blindness and  
visual impairment in  
children and adolescents  
aged 17 years and under.**





# **What are the most common vision problems in children?**

- Refractive errors are the most common vision problems in children and adolescents.
- About 25 percent of children aged 12 to 17 have some type of refractive error.
- Most vision problems can be corrected with early detection and treatment.



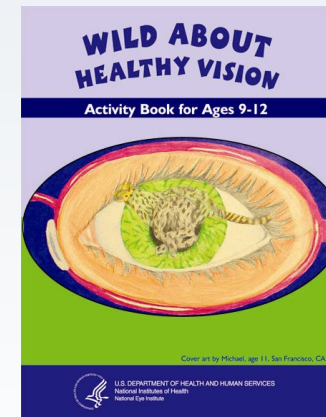
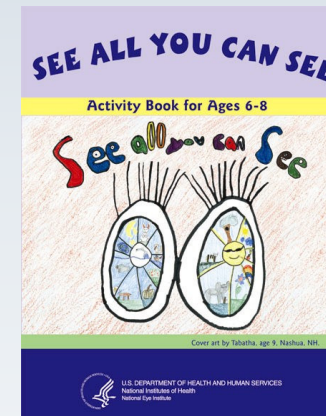
# What can parents do to protect their children's vision?

- Check with your eye care professional or family physician about the appropriate eye exam schedule for your child.
- Make sure your child always wears protective eyewear for sports and household chores.



# Children's Activity Books

- The National Eye Institute has developed activity books to educate children about eye health and safety.
- Order the activity books through the NEI Website at [www.nei.nih.gov/activitybooks/](http://www.nei.nih.gov/activitybooks/).



A stylized graphic of an eye, composed of concentric blue arcs, is positioned in the upper left corner of the slide, partially overlapping the header bar.

# **How Healthy Vision 2010 works**

Healthy Vision 2010 challenges individuals, communities, and professionals—indeed, all of us—to take specific steps to improve the eye health of people living in the United States through prevention, early detection, timely treatment, and rehabilitation.



# **You can help**

- Begin at home
- Become an advocate
- Start something in your community

# You can help

- Use the Healthy Vision 2010 resources
- Add the logo to your Website
- Identify partners to work with you





**Share in the success of**





# **Visit the Healthy Vision 2010 Website**

[www.healthyvision2010.org](http://www.healthyvision2010.org)

A stylized graphic of an eye, composed of concentric blue arcs, positioned in the upper left corner of the slide.

# **Join the Healthy Vision 2010 Consortium**

[www.healthyvision2010.org/about  
hv/join.asp](http://www.healthyvision2010.org/about_hv/join.asp)



# Contact the National Eye Institute

National Eye Institute  
National Institutes of Health  
2020 Vision Place  
Bethesda, MD 20892–3655  
Telephone: 301–496–5248  
E-mail: [2020@nei.nih.gov](mailto:2020@nei.nih.gov)  
Website: [www.nei.nih.gov](http://www.nei.nih.gov)



U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES  
National Institutes of Health  
National Eye Institute



# Making Vision a Health Priority

